



REQUEST FOR DIAGNOSTIC IMAGING SERVICES

Arrival Time: _____

Exam 1 Date & Time: _____

Exam 2 Date & Time: _____

PATIENT INFORMATION

Name: _____ Birthdate: _____ Male Female

Phone: (H) _____ (W) _____ Social Security Number: _____ Insurance: _____

Date of patient's next appt. w/ physician: _____ Patient will call to schedule appointment **Today's Date:** _____

IMPORTANT CLINICAL INFO

Known signs, symptoms, diseases, allergies? _____

What is the area of interest and question to be answered? _____

Relevant prior surgery/radiation? _____

Pregnant? Yes No If Yes, how many weeks? _____ Primary healthcare provider: _____

REPORT/FILMS PREFERENCE

Preliminary Report: Call: _____ Fax: _____ Hold pt. and call: _____

Final Report: Fax: _____ Mail/Courier: _____ Cc: _____

Release films with patient Send films to: _____ Send images on CD to: _____

VDIS MEDICAL ARTS CENTER 425.251.5255 ph 206.575.2571 fax

○ Unscheduled/Walk-in Exams

- CT KUB (kidney stones only)
 - Abd 1 View, if indicated
- Sinus Series X-ray
- Sinus 1 View X-ray
- Chest X-ray
- X-ray _____

○ Fluoroscopy Hysterosalpingogram

- Arthrogram IVP
- Barium Enema Upper GI
- Esophagram Cystogram
- Small Bowel Other _____

○ Ultrasound

- OB: Complete Limited
 - w/ Transvag w/ Doppler
- Abdomen
 - Complete Limited (single organ)
 - w/ Transvag
 - w/ Doppler
- Kidneys/Bladder
- Kidney Transplant
- Retroperitoneal
- Other _____

- Aorta
- Thyroid
- Pelvis
 - Complete Limited
 - w/ Transvag
 - w/ Doppler
- Testes
- Hysterosonogram (saline contrast)
- AAA Screening _____

HOSPITAL DIAGNOSTIC IMAGING

425.251.5183 ph 425.656.5009 fax

Nuclear Medicine
425.228.3440, ext. 4905
425.656.5051 fax

- Bone Scan
 - Spect WB LTD 3 Phase
 - Rad Discretion
- Gated Blood Pool (MUGA)
- Gastric Empty
- Myocardial Perfusion (add'l form required)
- Hepatobiliary Scan
- Renal Scan and Function
- Thyroid Uptake & Scan (Additional form required)

Pediatric Exam:

Other:

VDIS OLYMPIC BUILDING—425.656.5550 ph 425.656.5552 fax (Please call for PET CT exams)

Imaging Partners at Valley, LLC dba Valley Diagnostic Imaging Services is the billing agent for Valley Radiologists Inc. P.S. and Valley Medical Center. IPV Tax ID# 91-1958273

○ MRI Open MRI (up to 450 lbs.)

Claustrophobic Weight _____

IV Contrast: With Without Rad Discretion

History of metal in body or eyes? Yes No

If yes: where _____ type _____

- Spine: Thoracic Lumbar
 - Cervical Met Spine Study

- MRI Brain MRA Brain
- Neck (soft tissue, w/contrast) Pituitary Orbits
- TMJ Bone Marrow Chest
- Shoulder (L/R) Hip (L/R) Knee (L/R)
- Ankle (L/R) Wrist (L/R)

- Shoulder Arthrogram (L/R)
- Extremity (L/R): _____
 - IACs: Limited Complete
- Abdomen: MRCP Liver Kidney
- Pelvis: Organ Bone
- Breast: Tumor Implant Rupture
- MRI Angiogram:
 - Intracranial Neck Renal
 - Aorta Thoracic Lower Extremity Runoff
 - Aorta Abdominal Other _____

○ CT Scan

IV Contrast: With Without Rad Discretion

- Head Sinus (comprehensive)
- Temporal Bone
- Neck (soft tissue)
- Chest High Res. Chest (HRCT)
- Abd/Pelvis (complete) Abdomen Pelvis
- Pelvis (bone only)
- Enterography (Volumen)
- CT IVP

- Spines: w/ 3D Reconstruction
 - Cervical Spine: Level _____
 - Thoracic Spine: Level _____
 - Lumbar Spine: Level _____
- Extremity: (L/R) _____
 - w/ 3D Reconstruction
- CT Angiogram:
 - Pulmonary Angiogram Aorta Abdominal
 - with Venogram Lower Extremity Runoff
 - Intracranial Renal
 - Carotid Other _____
 - Aorta Thoracic

- CCTA Complete w/Calcium Scoring (CCTA form required)
- CCTA w/out Calcium Scoring (CCTA form required)
- Calcium Scoring only
- CT Colonography
- CT Lung Screen

○ Unscheduled/Walk-in CT Exams:

- CT Limited Sinus
- Other: w/ 3D Reconstruction

○ Please call patient to schedule exam

CONTRAST PRECAUTIONS

Creatinine draw at VDIS Oly

IV Contrast for CT, MRI or IVP? Yes No If Yes, check all that apply

- Yes No Previous allergy to contrast (call imaging center for instructions)
- Yes No Patient is diabetic (need BUN/Creatinine w/in past 90 days: _____)
- Yes No CT: 70+ years old (BUN/Creatinine Levels: _____ Date: _____)
- Yes No MRI: 60+ years old (BUN/Creatinine Levels: _____ Date: _____)
- Yes No Patient is on Glucophage/Glucovance or Metformin
- Yes No Hx kidney disease (need BUN/Creatinine levels: _____)
- Yes No History of myeloma or asthma

SIGNATURE (Federal regulations require a healthcare provider signature.)

Referring healthcare provider (print)

Signature

FAX Disclaimer: The information contained in this facsimile transmission is privileged and confidential.

If you have received this fax in error, please notify the sender and destroy this fax. Thank You.

VDIS MAC Continued:

○ **Barium Enema: 1 hour.** A barium enema is an examination of your large intestine. A tube will be placed in your rectum, and barium and air will be instilled through the tube to fill the intestine. To insure a satisfactory study it is necessary that your bowel be entirely free of fecal material. To accomplish this, it is important the instructions be followed completely, and that no food or fluids other than those listed be substituted. You may expect the laxative to begin its cleaning action approximately three to eight hours after you take it.

Preparation the DAY BEFORE the exam: A non-residue diet is required beginning 24 hours before the examination. This may consist of clear soup, sugar-free jello, liquid non-pulpy unsweetened juice, sugar-free soda, black coffee or tea without sugar or milk. Do not eat or drink any solid foods, milk or cream. Be sure to read all the accompanying directions and warnings thoroughly before using the kit. If you have any questions be sure to ask your doctor.

1) Drink one glass of water each hour, from 1 p.m. to 9 p.m.

2) At 5p.m.: Slowly add to 8 oz. of cold water in a large (minimum 12 oz.) glass, the contents of packet (Magnesium Citrate) while gently stirring. After fizzing stops, stir again and drink.

3) At bedtime: Take the four enclosed Bisacodyl tablets with a glass of water. Do not chew tablets. Tablets taken at bedtime are usually effective by the following morning.

Preparation the MORNING OF the exam:

1) Do not have anything to eat or drink

2) To use the Bisacodyl Suppository, push it through the backing and remove it from the blister, remove the foil wrapper and insert the suppository into the rectum two hours before your appointment time. Retain for 15 minutes. A laxative may be taken following the exam to prevent constipation caused by the barium. Drink plenty of fluids after your exam.

○ **Esophagram: 20 minutes.** An Esophagram is an examination of your throat and esophagus. While you swallow the barium, the radiologist will observe on a fluoroscope and take a series of X-rays. **Preparation:** None A laxative may be taken following the exam to prevent constipation caused by the barium. Drink plenty of fluids after your exam.

○ **Cystogram: 1 hour.** This is a study of the bladder and urethra. A catheter is placed into the bladder and contrast material is instilled until your bladder is full. The technologists will take several films including one while you empty your bladder. **Preparation:** None

○ **Hysterosalpingogram: 1 hour.** Also called HSG, this is an examination of the uterus and fallopian tubes to evaluate for blockage, inflammation and other diseases. The radiologist places a speculum into the vagina. A small tube will be placed into the uterus and contrast material injected. The doctor will watch under fluoroscopy, and obtain films. After the examination is completed, some cramping and spotting may occur.

Preparation: 1) The exam should be scheduled to occur 7-10 days after the first day of a normal menstrual period. 2) Do not have intercourse from the beginning of your menstrual period until the examination is completed.

○ **IVP (Intravenous Pyelogram): 1 hour.** An IVP is an examination which shows the urinary tract from the kidneys to the bladder. You will receive an injection of contrast material in your vein which will make the urinary tract visible on x-ray film. The technologist will then take a series of films over the next several minutes.

Preparation:

1. On the day before the exam, drink clear liquid only (water, clear apple juice, bouillon, or clear broth: no dairy products or solid foods).

2. At 8 p.m., take two Bisacodyl tablets (5mg each), and eight ounces of clear liquid. (Bisacodyl is a laxative.)

3. Take nothing by mouth after 10 p.m. (If your examination is scheduled for after noon, you may have a light clear liquid breakfast before 8 a.m. on the day of the exam).

○ **Small Bowel Series: 2-4 hours.** This is a study to evaluate the small intestine. It may be performed on its own or after an upper gastrointestinal series. Barium is taken orally. A series of X-rays are taken as barium flows from the stomach through the small intestine, to the colon.

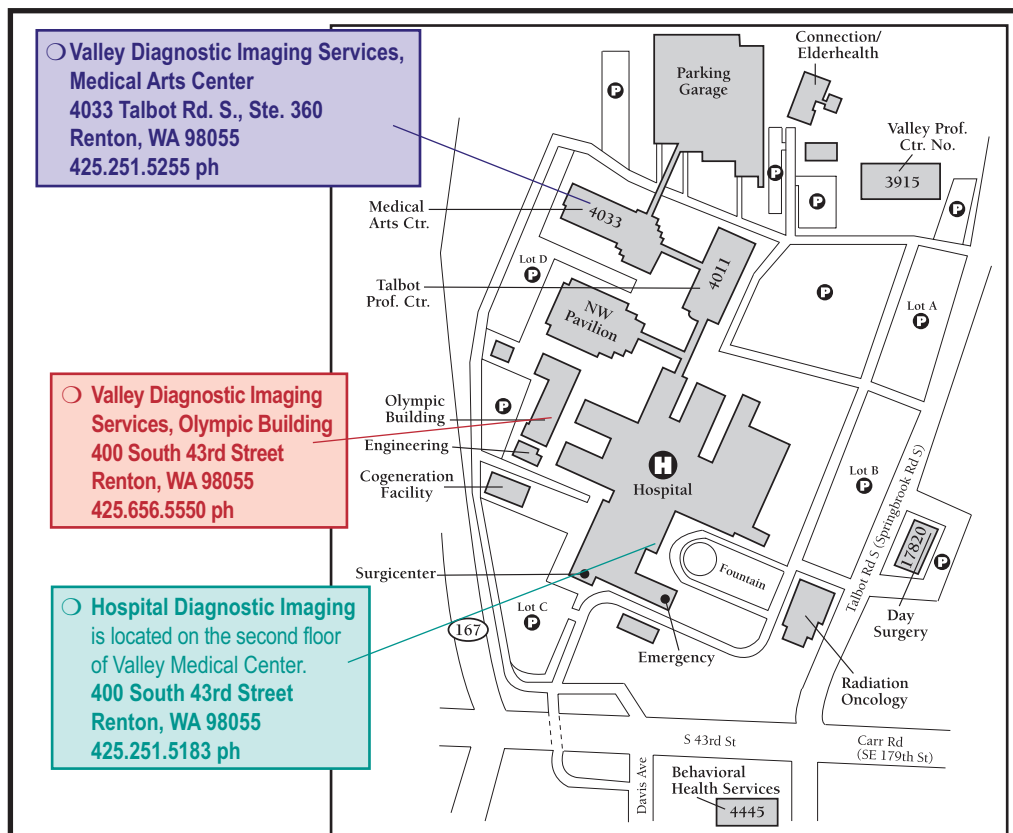
Preparation: Do not eat, drink, chew gum or use tobacco after midnight the night before your exam. Continue any prescribed medications but use as little water as possible. A laxative may be taken following the exam to prevent constipation caused by the barium. Drink plenty of fluids after your exam.

○ **UGI-Upper Gastrointestinal Series: 30 minutes.**

This is a study of the esophagus, stomach and duodenum after drinking barium. The radiologist will observe a TV screen/fluoroscope while placing the patient in a variety of positions. Films are obtained during and after fluoroscopy.

Preparation: Do not eat, drink, chew gum or use tobacco after 10 p.m. the night before your exam.

Continue any prescribed medications but use as little water as possible. A laxative may be taken following the exam to prevent constipation caused by the barium. Drink plenty of fluids after your exam.



Valley Medical Center

VALLEY RADIOLOGISTS
Diagnostic Imaging Services

VALLEY DIAGNOSTIC
IMAGING SERVICES
Olympic Building

VALLEY DIAGNOSTIC
IMAGING SERVICES
Medical Arts Center

Visit Valley Medical Center online at www.valleymed.org and Valley Radiologists at www.vrads.com

IMPORTANT INFORMATION

- If you are pregnant, or could be pregnant, please inform your technologist and/or healthcare provider BEFORE your examination.
- Please arrive 15 minutes prior to appointment time to complete the check-in processing.
- If you have any physical concern or limitation, please let us know before your exam so we may schedule accordingly.
- Children may not accompany you into the exam room. Please make arrangements for your children during your examination.
- For all examinations, continue to take medications prescribed by your physician or healthcare provider, unless otherwise directed at the time your exam is scheduled.
- **PLEASE NOTE:** If your physician or healthcare provider has requested you return with your imaging films, be prepared to wait up to 30 minutes while the radiologist reviews your case.

HOSPITAL DIAGNOSTIC IMAGING 425.251.5183 ph 425.656.5051 fax

Nuclear Medicine: Uses a small amounts of radioactive materials (or tracers) to help diagnose and treat a variety of diseases. Tests determine the cause of the medical problem based on the function of the organ, tissue or bone.

Nuclear Medicine Exams and Preparation:

- **Bone Scan:** No preparation is necessary.
- **Gated Blood Pool (MUGA):** No preparation necessary.
- **Gastric Empty:** Nothing by mouth (NPO) for 12 hours before the test.
- **Liver/Spleen:** No preparation necessary.
- **Myocardial Perfusion:** Contact your physician or healthcare provider with questions about medications.
 - **Treadmill:** Nothing by mouth (NPO) four hours before exam; no caffeine 24 hours before exam.
 - **Dobutamine:** Nothing by mouth (NPO) six hours before exam; no caffeine 24 hours before exam.
 - **Dipyridamole:** Nothing by mouth (NPO) four hours before exam; no caffeine 24 hours before exam.
- **Hepatobiliary Scan:** Nothing by mouth (NPO) four hours before exam.
- **Renal Scan and Function:** Please be well hydrated (drink at least six glasses of water) before exam.
- **Schillings:** Nothing by mouth (NPO) 12 hours before exam; no vitamin B-12 injections one week before.
- **Thyroid Uptake and Scan:** Nothing by mouth (NPO) four hours before exam. This exam requires two consecutive days to complete.

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○ **CT Scan: 1/2 to 1 hour.** A CT, computerized tomography (or CAT) scan is a special examination in which multiple "slices" or pictures are taken through an area of the body. You will be placed on a table which will move you into the scanner. After each "slice" is taken the table will move a small distance to take the next picture. For many CT scans, contrast material will be injected into your vein. Please bring any previous CT films which have been taken in the past year.

CT Scan Preparation:

- **CT Head,CT Neck,CT Chest (Thorax):** No solid food or drink two hours prior to your appointment. Drink plenty of fluids the day before the exam.

Arrival Time: _____ Exam 1 Date & Time: _____ Exam 2 Date & Time: _____

- **CT Sinus, Comprehensive/CT Sinus, Limited:** No preparation necessary.
- **CT Abdomen or Pelvis (complete):** No solid food or drink two hours prior to your appointment. Medications may be taken. Please arrive one hour prior to your appointment. You will be given a liquid to drink that allows us to see your intestines. If your physician gives you this liquid to drink, take it one hour prior to your appointment time and arrive at our office 15 minutes before your appointment time. Please drink plenty of liquids the day before your exam.
- **CT Angiogram (no oral contrast necessary):** No solid food or drink two hours prior to your appointment. Medications may be taken. Please drink plenty of liquids the day before your exam.
- **CT Colonography:** Specific preparation is necessary. Be sure you have been given additional preparation documentation.
- **CT Lung Screen:** No preparation is necessary.

○ **MRI Scan: 1/2 to 1 hour.** Magnetic resonance imaging (MRI) is a simple, painless examination that uses magnetic fields and radio waves to "see" internal organs and soft tissue without the use of x-rays. Both safe and painless, MRI has no known side effects.

MRI Scan Preparation:

Under most circumstances, no special diet, medication or fasting is required before your MRI exam. If you feel you may be claustrophobic, please contact VDIS Olympic Building prior to your appointment day to discuss options.

SEDATION: If you are scheduled to have sedation, please no food or drink 4 hours prior to your appointment. Do not take any sedatives or pain medications prior to arriving for your exam.

The result of an MRI can be altered by the presence of metal in the exam room. Please be prepared to leave jewelry, keys and other metallic items in a locker. The metal used in zippers and snaps can also interfere with an MRI. You may be asked to wear an exam gown.

IMPORTANT: You cannot be examined by MRI if you have a pacemaker, inner ear implants, blood vessel surgical clips in the brain or some metal implants. Please notify the physician or technologists if you may have any of the above, or are uncertain whether you do.

- **MRCP:** No food or drink 4 hours prior to your appointment. Please arrive 45 minutes before your exam time to drink a contrast solution that helps us view your organs.
- **Liver:** No food or drink 4 hours prior to your appointment.
- **Pelvis w/ Organ:** No food or drink 4 hours prior to your appointment. Please arrive 1.5 hours before your exam time to drink a contrast solution that helps us view your organs. (Pelvis without additional organ has no preparation requirements.)
- **Arthrogram:** No preparation necessary. An Arthrogram is a study of joint spaces. Following the use of a local anesthetic, contrast material is injected into the joint space. Images will be taken. After your exam is complete, the contrast material will be completely reabsorbed in 24 to 48 hours. The radiologist recommends that your activity be limited for 24 hours after the exam. Please bring any films of the joint that have been taken in the last six months.

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- **CT KUB (kidney stones): 20 minutes.** No preparation necessary. Please call 425.656.5550 for film and report requests.
- **Sinus Series, Sinus 1 View: 20 minutes.** No preparation is necessary.
- **Chest x-ray, Plain x-ray: 20 minutes.** Radiography, or X-ray, involves exposing a part of the body to a small dose of radiation to produce an image of the internal organs. When x-rays penetrate the body, they are absorbed in varying amounts by different parts of the anatomy. There is no special preparation required for most x-rays.

Ultrasound Exam: 45 minutes. Sound waves are used to examine internal organs. Obstetrical ultrasound is used to determine the baby's age, position, appearance of body parts, volume of fluid around the baby, and the position of the placenta. An ultrasound technologist will apply a warm gel to the skin which allows the sound waves to be transmitted and received from inside the body. The images are recorded on film. No radiation is utilized to produce the images.

Ultrasound Preparation:

- **Abdomen and/or Gallbladder:** For six hours prior to the exam, take nothing by mouth except medications.
- **Aorta:** For six hours prior to the exam, take nothing by mouth except medications.
- **Combination Exam (Abdomen and Pelvis):** For six hours prior to the exam, take nothing by mouth except medications. One hour prior to your appointment, drink four to five 8 oz. glasses of water or other non-carbonated beverage. **Do not** urinate until after your examination is completed. A full bladder is necessary.
- **Obstetrical or Pelvis:** One hour prior to your appointment, drink four to five 8 oz. glasses of water or other noncarbonated beverage. Do not urinate until after your exam is completed. A full bladder is necessary.
- **Hysterosonogram:** No preparation necessary.
- **Thyroid, Testes:** No preparation is necessary.
- **Kidney/Bladder, Retroperitoneal:** Drink 16 oz. of water 1 hour prior to exam. Do not urinate until the examination is complete. *Dialysis patients don't need to drink water.
- **Kidney Transplant w/Doppler:** No preparation necessary.
- **AAA Screening:** No food or drink for 6 hrs prior to examination.

Fluoroscopy Exams:

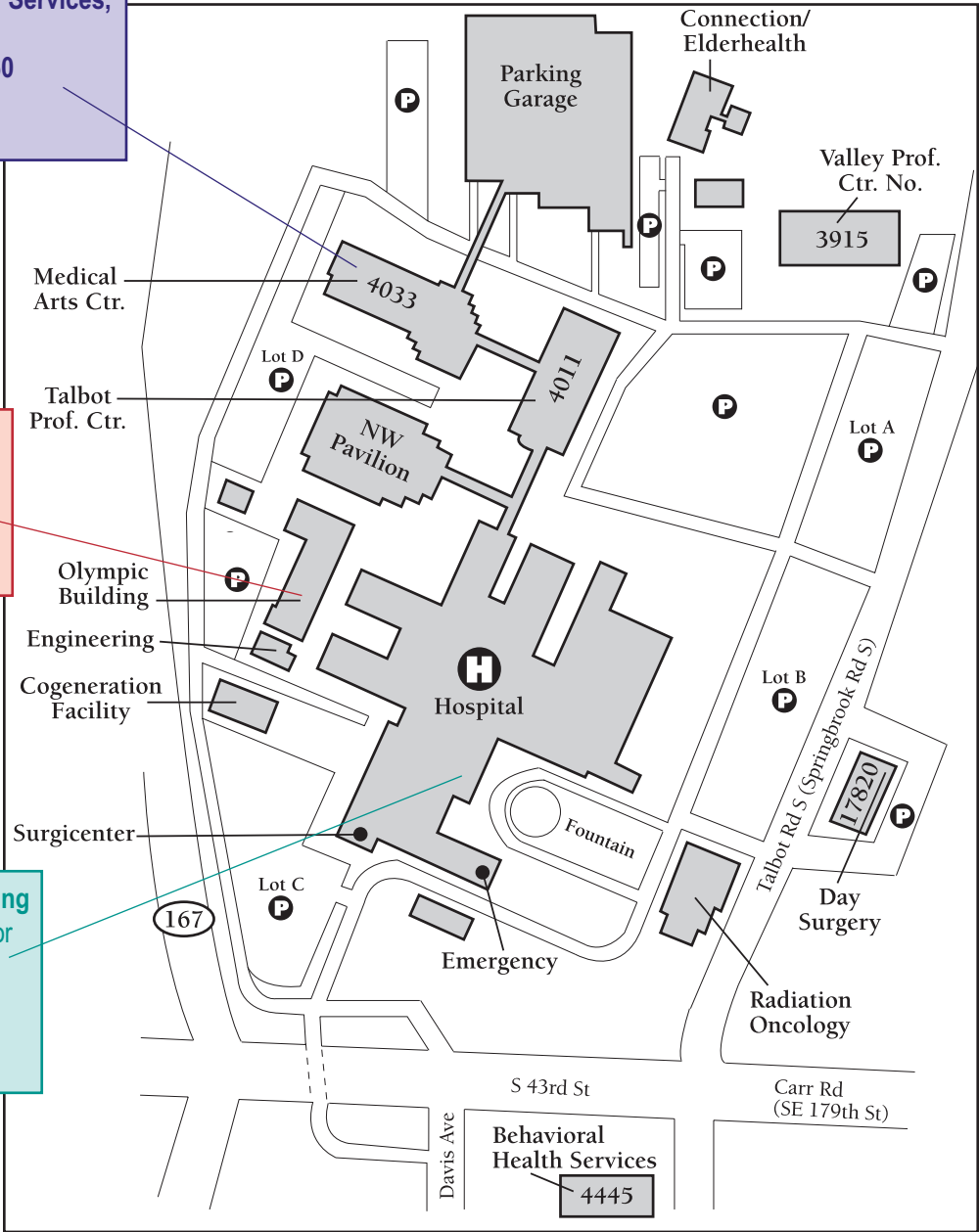
○ **Arthrogram: 1 hour.** An arthrogram is a study of joint spaces. Following the use of a local anesthetic, contrast material and/or air is injected into the joint space. Several films will be taken. After your examination is completed, the contrast material will be completely absorbed in 24 to 48 hours. The radiologist recommends that your activity be limited for 24 hours after the exam. Please bring any films of the joint to be examined which have been taken in the last six months.

Preparation for knee: Bring shorts to wear during examination. **All other joints:** No preparation.

○ Valley Diagnostic Imaging Services,
 Medical Arts Center
 4033 Talbot Rd. S., Ste. 360
 Renton, WA 98055
 425.251.5255 ph

○ Valley Diagnostic Imaging Services, Olympic Building
 400 South 43rd Street
 Renton, WA 98055
 425.656.5550 ph

○ Hospital Diagnostic Imaging
 is located on the second floor
 of Valley Medical Center.
 400 South 43rd Street
 Renton, WA 98055
 425.251.5183 ph



DIRECTIONS: Take I-405 to Highway 167 South. Once on Highway 167, take the first exit (South 41st/180th St.) and turn left at the light at the end of the off-ramp. Turn left at the next light onto 43rd/180th St. Proceed straight to the top of the hill and turn left at the light onto Talbot Rd. S. Valley Medical Center's campus is on the left.

Valley Medical Center



VALLEY RADIOLOGISTS
 Diagnostic Imaging Services

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